

You can walk in to see a pharmacist if you meet the following criteria:

Pharmacy First Involves pharmacists providing advice and treatment, where clinically appropriate for seven common conditions:



Sinusitis
12 years and over

Pain, swelling, tenderness around your cheeks, eyes or forehead, a blocked or runny nose, reduced sense of smell, green or yellow mucus from your nose, fever

Sore throat
5 years and over

Painful throat, especially when swallowing, a dry, scratchy throat, swollen neck glands

Earache (Acute otitis media)
1 to 17 years

Earache. Fever, being sick, a lack of energy, slight hearing loss, middle ear filled with fluid.

Infected insect bite
1 year and over

Swollen painful, hot, fever, swollen glands, increasing pain, red area around bite, feeling unwell

Shingles
18 years and over

Tingling or painful feeling in an area of skin, headache, feeling unwell
A rash will usually appear a few days later. In rare cases shingles can cause pain without a rash.

Uncomplicated UTI
Women 16 to 64 years

Needing to pee more often, pain or burning, sudden or urgent need to go, cloudy urine

Impetigo
1 year and over

Red sores, blisters, patches look like cornflakes stuck on skin, Itchy and painful

Things to consider

- If you self-present at the pharmacy, make sure you fall within the age range for that particular condition
- You may be referred back to the GP/onwards to another healthcare professional, this may be because the signs and symptoms you are presenting with do not fit the treatment criteria within the Pharmacy First service
- The Pharmacist will need to undertake a full consultation and will need to ask you several questions (as a GP would)
- The outcome of the consultation may not necessarily be provision of medication, this is because this may not be the best course of action
- Our pharmacy teams are very busy helping people, please be patient and our teams will do their best to assist you